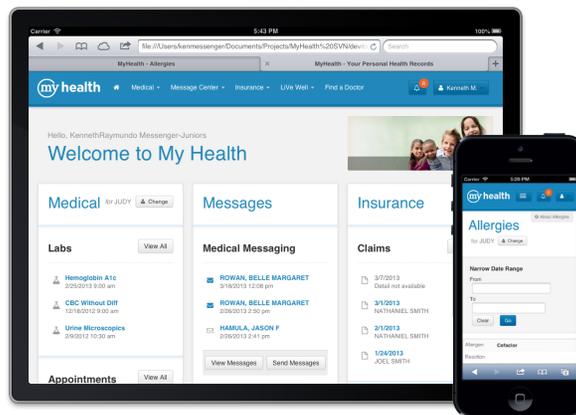


Granting someone proxy access to view your records through My Health?

What To Know

- **If you are over 12 years of age** and able to provide consent, an Authorization to Access PHI (Personal Health Information) Online must be signed by you.
- **Checking the box labeled "Data View"** on the authorization form, grants the designated proxy full access to ALL information available for viewing in My Health from the Intermountain Electronic Medical Record (EMR).
- **Checking the box labeled "Secure Messaging"** on the authorization form, grants the designated proxy the ability to message with your e-Doctors on your behalf. [Check to see if your doctor is offering the secure messaging option.](#)
- **You determine how long this access will last in the Authorization to Access PHI form.** Proxy access will automatically expire for patients who turn 18 years old.
- **You are agreeing to allow Intermountain Healthcare to provide online access to your medical information available in My Health.** This includes information that is currently available, information that may be sensitive, information from treatment at other Intermountain facilities, or any information that may become available as a result of future medical care. This may include information regarding pregnancy, sexually transmitted diseases or birth control.



How To Register for Proxy Access

▶ **Proxy access is granted** at the participating Intermountain Clinic where the patient receives care.

With My Health and the Proxy Access Program you can spend less time managing health care issues and more time enjoying the important things in life.

Have Questions?

Contact our Online Services weekdays from 7am to 8pm and Saturdays from 7am to 3pm at [\(801\) 442-5502](tel:8014425502) (Salt Lake area) or [\(800\) 442-5502](tel:8004425502)



Simplify your life. Manage your family's healthcare online.



Life is complicated and even more so with the challenges of managing health for someone in your care. With the power of the internet, our Proxy Access program makes the process much more manageable.

This service allows parents, stepparents, legal guardians, conservators, spouses, adult children and other home caregivers to access and use on behalf of patients of participating Intermountain clinics.



How does the My Health Proxy Access Program work?

Granting proxy access is usually for the purpose of assisting family members in monitoring and managing their health care. A proxy must be 18 years of age or older. Identification and/or appropriate legal documents are required.

The proxy accesses other patient accounts through their own My Health account. If a proxy does not already have their own My Health account, one will be established for them at the time of proxy registration. This account will also include a view of the proxy's own medical records from Intermountain Healthcare.

The Intermountain Clinic may also revoke proxy access at anytime and for any reason.

All proxy access is revoked if the patient's My Health account is closed.

Access to the patient's SelectHealth information is not currently available to proxies.



WHY IS PROXY ACCESS NECESSARY?

State and federal patient privacy laws prevent Intermountain Healthcare from providing medical information to another person without written authorization. Proxy Access offers a legal way for secure online access to medical information for someone under your care or for someone who is assisting with your care.

For patients under the age of 18

- Parents with legal guardianship rights, stepparents (with the authorization of at least one custodial parent), legal guardian or conservator are eligible to register as a proxy.
- **If legal custodial rights change, it is the responsibility of the custodial guardian to notify the participating Intermountain clinic.**
- Proxies can view sections of their child's electronic medical record and securely message online with their child's doctor.
- **Proxy access will automatically expire on the minor's 12th birthday.**
- **For patients over the age of 12, proxy will automatically expire on the patient's 18th birthday.**

For patients between the age of 12 and 18

- **The adolescent and a parent or guardian must both appear in person** at their participating provider's office when requesting proxy access for this age group.
- **The Authorization to Access PHI Online form is required to be signed by both the parent and the adolescent.** If desired the adolescent may be registered for their own My Health account.
- **Proxy access to the Medical Records (Data View) section of My Health is on an all or none basis.** Typically, parents or legal guardians have access to any medical information regarding their minor dependents. However, dependent minors have rights under Utah law to provide consent before information regarding reproductive information in their medical records can be released. Reproductive information cannot currently be filtered out of the Intermountain Electronic Medical Record (EMR).
- If the adolescent revokes all parental access, the adolescent's My Health account will automatically be closed as well.